

EASTBOURNE SOVEREIGN SAILING CLUB

- SAILING INSTRUCTIONS



1. RACING RULES

Racing rules, except as specified herein, will be those currently issued by ISAF and RYA. All boats must comply strictly with their class rules. All racing boats must have a valid certificate of measurement with a buoyancy endorsement where applicable. When requested, owners must produce valid measurement certificates.

2. SAFETY

All boats shall be able to support the occupants when capsized. All occupants of boats whilst afloat must wear personal buoyancy. When racing, failure to do so will result in disqualification. It should comply with either SBBNF or BS3595. Wet suits do not constitute personal buoyancy.

3. SIGNING ON AND OFF

Competitors must sign on for each race before the five minute signal. Competitors must sign off within 30 mins of the last boat finishing.

4. COURSES

These are indicated upon the course board and decided by the Race Officer. The course must be posted at least 20 minutes before the first proposed start.

5. DIRECTION OF START AND NUMBER OF LAPS

Direction of start will be displayed from the Clubhouse.

6. START LINE

Clubhouse: – The start line is the extension of an imaginary line drawn through the apex of the black triangle on the Starters Box and the orange and white transit pole in front of the Starters Box. The line is bounded by a buoy that may not necessarily be on the line.

Committee Boat starts: – The mast with an Orange flag of the Committee Boat and limit buoy will form the line. The starting procedure will be conducted from the Committee Boat.

7. LIMIT MARK

Unless otherwise shown on the course board, all craft must pass between the shore and the limit buoy at the end of each lap.

8. FLEETS AND CLASSES

One boat shall constitute a race.

A minimum of four boats and helms will be required for class status in any class racing series.

The PY numbers may be adjusted at the discretion of the Sailing Committee.

9. FLAGBOARDS

The following flags shall be used:

Course B Numeral Pennant 2

Course A Code Flag L

10. SIGNALS FOR STARTING A RACE

THERE WILL BE TWO STARTS FOR CLUB RACING ON SUNDAYS

THERE WILL BE ONE OR TWO STARTS FOR CLUB RACING ON WEDNESDAYS, AT THE RACE OFFICERS DISCRETION.

Exactly 5 minutes before the advertised start time, make one sound signal and at the same time put the Numeral Pennant 2 flag board (Code Flag L board for Course A)

Exactly 4 minutes before the advertised start time, make one sound signal and raise the P flag (also known as the Blue Peter).

Please remember it is the flag that is the starting signal. The hoot is just to bring competitors attention to the flag/board, so it is more important to put the board in on time than the hooter, but they should be at the same time.

Exactly 1 minute before the start, the P flag board (Blue Peter) is removed with one long sound signal.

At the start, the Numeral Pennant 2 flag board is removed with one sound signal.

11. OTHER SIGNALS

11.1 Individual recalls for one or more boats. A sound signal will be made immediately after the start. Flagboard X will be displayed and left until the offending craft has restarted correctly. Exception to Rule 29.2 the signal will be removed after a maximum of 4 minutes, whichever is the sooner. No recall numbers will be used. It is the individual helm's responsibility for returning. Failure to do so will result in disqualification.

11.2 General Recall Two sound signals will be made immediately after the start. The General Recall flagboard (First Substitute) will be displayed. After a reasonable time has been given for all craft to return the General Recall flagboard will be removed. A new full starting sequence will be run for the recalled fleet after all other starts, if any.

11.3 Reverse course – The Race committee or race officer will ensure that competitors are aware of a reverse course, this will be communicated by the motorboat to competitors afloat or by the direction of start arrow on the bridge.

11.4 Shorten course – to be signalled when the first boat to be shortened on the course rounds the mark prior to the finish line. Two sound signals and Flagboard S. Flagboard S displayed at the same time as the course flag signifies a shortened course for that course only.

11.5 Postponement – for an undecided period. Two sound signals and display the Answering Pennant board. When ready to restart -1 sound signal and remove Answering Pennant board. Warning signal to follow 1 minute later.

11.6 Abandonment – the race to be re-sailed. Three sound signals with Flag N. When ready to restart one sound signal and lower flag. Warning signal to follow 1 minute later.

11.7 Cancel all races 3 sound signals with Flag N over Flag A.

11.8 Cancel all sailing. The following signify that conditions are considered unsuitable to launch a motorboat or to run a race: three sound signals with Flag N over Flag H.

When Flag N over Flag H is displayed, all craft are advised not to go afloat. Those who go afloat do so at their own risk. No motor boats will be launched. Any craft that does go afloat when N over H is flying (Q! when free sailing at any time) ~ sign on the free sailing log in the lobby and sign off when returning. When free sailing you are reminded about Sailing Instruction 2, regarding Safety and Personal Buoyancy.

12. FINISHING LINE

Clubhouse: -The finishing line is between the black triangle on the Starters Box and the limit buoy.

Committee Boat: -The finishing line is between the Committee Boat mast flying a blue flag and designated finishing mark.

13. TIME LIMIT

The time limit for the leading boat in each class or fleet is two hours. Remaining boats are allowed 30 minutes from the time when the leading boat on there course finishes.

14. SCORING

The following system will apply:

1st- 1pt

2nd- 2 pts

3rd- 3 pts, and so on

Retired -no of starters in race + 1 Disqualified- no of starters in race + 1

DNS- no of starters in series + 1

By referring to the dropping scale, the total of the discards will be taken into account

In case of a tie situation the following will apply: –

- (a) The number of 1st, 2nd, 3rds, etc will be taken into account.
- (b) The finishing position of the last race and next to last race and so on.
- (c) If a tie still remains, the result will be shared. [Refer to appendix A: Rule A2.3]

15. DROPPING SCALE

For, 1-2 races held no results would be dropped

3-5 races held one result would be dropped

6-10 races held 2 results will be dropped

11-15 races held three results would be dropped

16-20 races held four results would be dropped

21-25 races held five results would be dropped

16. AVERAGE POINTS

This applies to series events only and not one off trophy events or trophies raced for over only two days etc. For example, the Warming Pan event and similar.

Helmsmen undertaking Club duties can claim average points, provided they sign the declaration sheet with the duty performed and their name. (The Results Officer is not responsible for awarding average points that have not been claimed.) Average points may be counted as detailed below.

If four or fewer races constitute a series, only one “Average Points”? result may be counted.

If five or more races constitute a series, a maximum of two “Average Points” results may be counted.

A claimant MUST COUNT ALL THEIR finishing results (i.e. excluding RTD/DNS) towards the number of results required to qualify for that series, BEFORE AVERAGE POINTS MAY BE INCLUDED

17. CALCULATION OF RESULTS

The system for calculation will be: –

For handicap races, the result will be based on the maximum number of laps, i.e. Maximum Number of Laps sailed by the fastest yacht

18. PROTESTS

All competitors should read RYA Racing Rule 61 regarding protest requirements.

(a) Protest time limit: – Rule 61.3. The time limit shall be 45 minutes after the last boat finishes.

19. AMENDMENTS

Any amendments or additions to these instructions will be posted on the course board, no later than thirty minutes before the advertised start time

20. COMPETITORS

(a) Only ESSC Sailing Members are eligible to win Club trophies.

(b) Points may be awarded to helm or crew of any craft. Points will be awarded to helms unless otherwise stated on the signing on sheet.

(c) Individual guests and non-sailing members may sail/race a maximum of three races a year (after which time they must apply for Sailing membership) with the following conditions:

(i) Member helms will receive points for the races sailed with guest crews (up to the max stated above)

(ii) Member crews may opt to receive points for races sailed with guest helms (up to the max stated above).

(iii) Member helm/crews sailing with guests (up to the max stated above) are eligible to receive points towards Crews' Cup, Bruford Bowl or trophies of a similar nature.

(iv) Members of clubs enjoying reciprocal arrangements with ESSC are entitled to sail with unlimited frequency, but will not be allowed to race.

(v) Guests sailing single-handed craft, sailing within the max. number of times, will not be awarded points counting towards a series or a trophy.

NB Sailors in category (iv) and (v) may be given a personal finishing position in individual races although they will not appear in the Club's edition of the results.